

# Body Soul & Spirit

- **Body:** Physical, material characteristics of a person including sensory data-gathering capabilities (sight, touch, etc.) and neurochemical activity of the brain and other organs.
- **Soul:** Immaterial entity that serves as person's "touch point" or interactive coordinator between body and spirit.

## *The soul has 3 elements:*

Mind	Will	Emotions
Cognition, attention, reflection, visualization (imagination), sensory perception and interpretation	Conscience, judgment, motivation, character, attitude, purpose, values and beliefs	Feelings, Personality, intuition

- **Spirit:** Life force that creates, learns and changes. The spirit enlivens and transcends physical elements of body and operates through the soul.

- Adapted from:

\* Garner, BK(2007)Getting to Gt it! Helping struggling students learn how to learn. Alexander, VA:ASCD,page 137

***What can I do to engage my ELLs' body, soul and spirit?***